



# THINK FIRST & STAY SAFE

Child Abuse Prevention Program

## BASIC TOPICS

- *Think First & Stay Safe* teaches students to identify and outsmart the lures that are consistently used in predatory crimes against children, most often by someone known to the child.
- Students learn essential personal safety skills to improve self-reliance and raise self-esteem, while being consistently reassured that most people are kind, safe and committed to their well-being.

## CORNERSTONE LESSON CONCEPTS



### Using Our Built-in Computers: Staying Healthy and Safe

Our brain is the **most powerful computer** in the world. We can train our brain to help us stay or become safe.



### People are Like the Weather: Being Kind and Respectful

Most people have Sunny Weather Behavior. Some people have Stormy Weather Behavior. We help students **be ready for Stormy Weather Behavior in people**, whether it's a stranger or someone they know. If we can take precautions from unsafe weather, we can also take safety measures to protect ourselves from people who use unsafe or Stormy behaviors.



### Trusted Adults Can Help Us

Students are asked to think of adults in their lives whom they know and can trust. We call those "Trusted Adults" and repeatedly we emphasize the need to "tell a Trusted Adult" when anyone tries to lure or hurt them or when they feel unsafe or confused.



### Child Luring: Treat it Like a Fire Drill

Child lures are used by people with Stormy Weather Behavior to trick, tempt or force children into hurtful or unsafe situations. Child Lures can be used by adults, older kids, and even kids one's own age.



### Laws Help Protect Me: Kids Have Rights Too!

In this segment we cover Bullying, the protection kids have under **the Law, being Truthful**, and that their **Bathing Suit Zone belongs to them**. With older/streetwise children, we also cover the **types of abuse**.



### Listening to Our Instincts: No Secrets

**Instincts:** When we hear a siren, it's usually telling us about some kind of danger, that something is wrong, or that someone is hurt. Instincts, our gut feelings, are our built-in, personal sirens. If something or someone sets off our inner siren, we don't have to wait until something happens. We can tell a Trusted Adult about the uneasy feeling we have and seek their help with the situation.



**Secrets:** Anytime a secret would make us feel sad, embarrassed, or afraid, it's not healthy. All secrets are eventually told. We help students practice identifying safe and unsafe secrets. It's never too late to tell a trusted adult about a secret we've been keeping for a long time, even if someone would be disappointed in us or has threatened to hurt us if we tell. Our trusted adults are here to help.



### The Kindness of Strangers: Choosing Safe Strangers

Most of the time, when kids are lured into inappropriate or unsafe situations it's by someone they know. When it comes to our own personal safety, we can't just LOOK at a person, but we need to be aware and careful of how people BEHAVE, watching for Stormy Weather Behavior. Sometimes we may need to depend on the kindness of strangers, such as, if we get hurt or separated from our parents. Then, we seek to choose safe strangers.



### My Dignity: Safe & Healthy Boundaries

Everything about us makes us a one-of-a-kind person. There's no one else like you. Nothing about the way a person looks, speaks or acts gives anyone the right to mistreat or abuse them. Being mistreated is never the fault of the person targeted. Abuse is NOT a child's fault. Just like snowflakes, each one of us is different and beautiful in our own way. Each one of us deserves to be treated and needs to treat one another with kindness and respect.

To schedule *Think First & Stay Safe*,  
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